

**Do the following texts indicate that the Sabbath Day (4th) no longer applies?
Gal. 4.10, Col. 2.16-17, and Heb. 4.9-10**

Discussion Qs

1) How do you think one might use these texts to deny the relevance of the Sabbath Day to the church of the new covenant? Try to isolate a key point of interpretation for each. Note the quotes below to see how the arguments might work.

Galatians 4:10, ¹⁰ You observe days and months and seasons and years!

“When certain days are represented as holy in themselves, when one day is distinguished from another on religious grounds, when holy days...are reckoned a part of divine worship, then days are improperly observed.”

Colossians 2:16-17, ¹⁶ Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. ¹⁷ These are a shadow of the things to come, but the substance belongs to Christ.

But some will say, “We still keep up some observance of days.” I answer, that we do not by any means observe days...For the substance of those things which the ceremonies anciently prefigured is now presented before our eyes in Christ...”

Hebrews 4:9-10, ⁹ So then, there remains a Sabbath rest for the people of God, ¹⁰ for whoever has entered God's rest has also rested from his works as God did from his.

“But I doubt not that the Apostle designedly alluded to the Sabbath in order to reclaim the Jews from its external observance; for in no way could its abrogation be understood, except by knowledge of its spiritual design.”

2) By close attention to the context of each text, what answers can you give in reply to those who deny the relevance of the Sabbath Day to the lives of new covenant Christians (try to reply to the keys points of interpretation)?